

AHA NEWS & VIEWS

What's On This Autumn & How to Get Involved

Welcome to the Autumn Edition of our Tenant Participation E-Newsletter.

We want to keep you updated on the activities, events and opportunities available across Angus and Dundee, while making sure we're creating ways for tenants to get involved.

We know that people like to engage in different ways, which is why we offer a variety of opportunities, from training and learning sessions to family activities, social events such as Bingo Blether, to our Tenants' Voices Group.

As you browse through this newsletter, we'd love to hear what you think. Are these the types of activities you'd like to see? Your feedback helps us understand what's working well and where we can do better.

If there is anything we can do to support your participation in these activities or events, please let us know - we're happy to help. You can get in touch by calling our office on 03451 77 22 44 or by emailing: tp@aha.org.uk

The Tenant Participation Team

BINGO BLETHER!



Arbroath 2026 dates:

30th September

28th October

25th November

**Last Wednesday of every
month from 2-4pm
Russell Lounge, Russell
Square, Arbroath**

Dundee 2026 dates:

13th October

10th November

8th December

**Second Tuesday of every
month from 1-3pm
Ormiston Lounge,
Ormiston Crescent,
Dundee**

Bingo Bletcher sessions are a chance to meet others, have a chat and enjoy a game of bingo.

Sessions are free, and everyone is welcome, including people who aren't tenants. There's no need to book, and sessions take place during the day. There are prizes to be won, including a shopping voucher for anyone who gets a full house.

HALLOWEEN FREE FAMILY FUN

Tuesday, 27th October | 4:30-6:30 PM



**Angus Housing Association, Ormiston Lounge
Torrwood Place, Dundee, DD4 0UD**

Phone: 04451 77 22 44 or email: tp@aha.org.uk for more information.

FRA –
1655583)

SCOTISH HOUSING
REGULATOR, MALES

SCOTISH QUALITY NUMBER:
S02201B

PROPERTY FACTOR RESTORED
NO. PF00019



**Get ready for a frightfully
fun family Halloween party!**

Join us at Ormiston Lounge,
Dundee, on Tuesday 27
October, from 4:30-6:30pm.
Book your space by clicking
the Eventbrite link below:

CLICK HERE!



Free Halloween Family Fun Event

Join us for spooky games, treats, and laughs at the Halloween Family Fun Event – fun for all ages!

Eventbrite · Oct 27

How to get in touch: tp@aha.org.uk



03451 772244

Training



We regularly share information about activities, events and training opportunities by text message. Over the past year, tenants have taken part in Scottish Mental Health First Aid, Emergency First Aid at Work, and Mental Health Awareness-raising sessions. More training opportunities are planned for the rest of 2026. If you would like to take part, please get in touch.



Mental Health Awareness Raising Session in Dundee

12th November

Ormiston Lounge, Ormiston Crescent, Dundee -

5:30 pm - 8 pm

This interactive taster session provides an introduction to the principles of Mental Health First Aid (MHFA) and how they can be applied in everyday life.



Heart Start Training - Learn how to respond in an emergency and help save lives in your community.

We have limited spaces left at our Heart start Training on Wednesday, 14th October from 2-4pm in Russell Square, Arbroath.



Your ideas matter. If you have a suggestion for a training session or topic, we'd love to hear from you. Contact the Tenant Participation Team by email, or call the office and ask to speak to Jacqui Fleming or Lydia Banks.



Tenant Voices Group

The Tenant Voices Group meets once a month to discuss a variety of housing-related issues. It's very informal, friendly, and open to all tenants. The group meets monthly on Thursdays, 1-3 pm in Russell Square, Arbroath. All volunteer expenses are covered, with access to ongoing training and learning opportunities.



**The next meeting is on
22 October, 2026**

The group provides the Tenant Participation Team with valuable feedback about how we are doing as an association. Your views help shape the services we deliver and the decisions we make.



Want to get involved?

If you'd like to join the Tenant Voices Group, just let us know! And remember – if we can make changes to help you participate in a way that is more accessible, please get in touch. We're here to support you



Free Housing Education sessions

For young people aged 16–24 across Angus and Dundee



Do you have a young person at home who is starting to think about living independently, or are you already living independently?

It's an exciting step, but it can feel overwhelming and confusing.

That's why we are inviting young people aged 16-24 to take part in our free, friendly housing information sessions across Angus and Dundee.



What will they learn?

These sessions cover all the things you don't always learn in school but definitely need to know when it comes to moving out.

- 1 What bills do I need to pay?
- 2 How to apply for social housing
- 3 What financial help is available
- 4 How to budget and manage money
- 5 How to look after a home and tenancy

For more information and to discuss dates and times, please call or email the Tenant Participation Team on:

tp@aha.org.uk

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HOW TO GET IN TOUCH?

Getting involved doesn't have to mean attending meetings or events. Every community is different, and we want to hear what matters to you. Whether you have an idea for your area, would like to chat with us, or are interested in any of the opportunities featured in this newsletter, we'd love to hear from you. You can contact the Tenant Participation Team by calling 03451 77 22 44 or emailing tp@aha.org.uk.

Every conversation is a form of participation and helps us shape services and activities that reflect the needs of local communities.

Accessible and Inclusive for Everyone

We want all our activities and events to be welcoming and accessible for everyone. If there's anything we can do to support you in taking part—such as making adjustments or providing additional help—please let us know. We'd be happy to make changes to ensure you can get involved.

CONTACT US

Call or email the Tenant Participation Team



tp@aha.org.uk



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WHY HAVE YOU RECEIVED THIS EMAIL?

As a tenant of Angus Housing Association, we strive to keep you informed. However, if you do NOT want to receive E-Newsletter updates, please contact us to 'opt out' and you will no longer receive information.

