

# HOW YOU CAN HELP

## VOLUNTEER

Whatever your age and background, we will find a role that is perfect for you. These are just some of the things our volunteers do:



- Count money from our collection cans
- Write and schedule social media posts
- Help in our cafes
- Steward and provide support at event

We would love you to join our team. Email [hello@archie.org](mailto:hello@archie.org) for more information on how to get involved.



## FUNDRAISE

Whatever you do will contribute towards making the experience of being in hospital as positive as it can be for children.

Our supporters do all sorts of things to raise money – abseiling, skydiving, cake baking, bike riding, running, craft sales, asking for money instead of birthday gifts, sponsored silences – the only limit is your imagination.

Visit [archie.org](http://archie.org) to see what events we have coming up, or register your own event.

## PLEASE DONATE TO ARCHIE

Every pound you give us makes the difference to children and their families.

- £10** could provide a toy, game or book for a child in hospital
- £25** could pay for a piece of specialist medical equipment
- £50** could fund enhanced staff training or attendance at a conference
- £75** could provide an emergency grant to a family far from home visiting a sick child

### GIVE BY TEXT

Text ARH10 and the amount to 70070.  
For example, to give £3 text ARH10 £3.



### GIVE ONLINE

Fill in our simple form at [archie.org](http://archie.org)



### GIVE BY POST

Make cheques payable to The ARCHIE Foundation and send to The ARCHIE Foundation, Raigmore Hospital, Inverness, IV2 3UJ



### GIVE IN PERSON

Pop into our office inside Raigmore Hospital, Inverness



### GET IN TOUCH

Call us: 01463 888258  
Email: [hello@archie.org](mailto:hello@archie.org)



The ARCHIE Foundation is a charity registered in Scotland No. SC039521



**THE ARCHIE FOUNDATION**

MAKING THE DIFFERENCE FOR LOCAL SICK CHILDREN

# THE ARCHIE FOUNDATION



# ALL ABOUT ARCHIE

The ARCHIE Foundation is a charity that makes the difference for local sick children when they are in hospital or require long-term medical treatment.



We're the official charity of the Highland Children's Unit at Raigmore Hospital and raised £2 million to help build the Unit. The NHS provides the most amazing care and we provide the much-needed extras.

## WHAT WE FUND:

- Child-friendly hospital spaces
- Enhanced staff training
- Specialist medical equipment
- Emergency financial support for families
- Specialist staff posts



## FUN WAY FOR KIDS TO TRAVEL

The ARCHIE Foundation funded a Brady Buggy to be used within the Highland Children's Unit as a fun, safe way to transport children around the hospital.



Depending on a child's age a pram or wheelchair is not always suitable. The Brady Buggy is a fun distraction and a good way to move children around HCU for tests and appointments.



## PENNY'S STORY

Penny was just eight when she was diagnosed with Transverse Myelitis, a rare condition that causes the body to attack itself.

Penny was paralysed from the chest down and the prognosis was not good. She spent months in hospital having intensive physiotherapy.

The ARCHIE Foundation provides the extras that help make a long stay in hospital as positive as it can be - including toys and games and a space for family to take a break.

Slowly, Penny regained movement throughout her body and learned how to walk and run again. Now a teenager, Penny is an ARCHIE ambassador, helping us help other families by sharing her story.

# WE OFFER SUPPORT

## FOR CHILDREN

Our goal is to make the difference for local sick children, providing extras to support our amazing NHS.



Our supporters' donations create child-friendly, age-appropriate treatment spaces, provide toys and books, and pay for advanced medical equipment to make life easier for children - both in the Children's Unit and at home.



## FOR FAMILIES

We know that having a parent close by is really important and can often help children recover more quickly.

We have created a parents' lounge at HCU, where parents can take a break while their child is being treated. Donations have also provided comfortable recliner chairs beside the beds to allow parents to stay close overnight.

## FOR STAFF

As well providing vital equipment and support, ARCHIE provides funding for NHS staff to undertake advanced training courses

This enables staff to keep up-to-date with the latest knowledge and enhance their skills, benefiting them, their colleagues and, of course, the children they care for.