**Dundee Public Social Partnership**

**Tests of change proposal – Lived Experience / Outdoor Recovery**

**October 2020**

**Background**

We have been working in the Stobswell area from the Albert St Boots Hub for the past six years. The Hub Coordinator managed to secure an allotment space for the Hub clients and staff to work on at the new Tay View Gardens. This has proven to be very successful and has been well attended. We have had very good volunteer support within the allotment. Outdoor recovery has always been a priority for We Are With You in Dundee and during Covid this area of recovery support work will be even more significant as it offers safe outdoors support in groups.

**Proposal**

To pull together a group of service users together to explore how we can develop our outdoor activity in the East of the City. This will be a co-production model involving local people who are in recovery. We will focus on the Tay View Allotment but also discuss our other outdoor activities also. We have weekly cycling group, weekly Hill walking with Ancrum Outdoor centre. Garden of Hope / allotment at our main office base Signpost Centre.

The test of change would target those who are:

* Experiencing Substance use issues.
* Individuals and family members who are keen to be outdoors.
* Individuals who are looking for outdoor activities to support recovery.

The work would consist of two strands:

1. Develop different methods of engaging with our clients; to look at supporting our outdoors activities.
2. Hold an online session to co-produce our activities.
3. Engage with the Tay view allotment group to include the local community on developments.
4. Involve our other outdoors groups, cycling, hill walking, Garden of Hope.

Outputs and outcomes would be developed to ascertain the effectiveness of the test of change; an example of what these could be is:

**Outputs**

* Numbers attending development events.
* Number participating in engagement activities.
* Numbers of people engaged in planning / co-producing our outdoor activities.
* Numbers attending outdoor activity.

**Outcomes**

* A plan of development for our outdoor activities.
* Identify a group of people to help us develop and steer progress.
* Create a group to support in evaluation of our outdoor activity programme.
* To build a solid outdoor recovery programme.

**Recommendations**

1. We already have much of the infrastructure in place. We will undertake a quick review and evaluation of our outdoor programme.
2. This process will involve a group of people with lived experience.
3. The test of change will include a range of outdoors activities and involve a range of partners. Tay View allotment group/ Street Soccer / Ancrum Outdoor Centre / Cycling group / Garden of Hope
4. Improvements could be measured by monitoring output and including outcomes captured within the We Are With You data collection.
5. To develop a clear pathway and structure for our outdoor recovery programme.