

## **Indoor 2021/22 Promotion & Relegation**

### **Women's**

National 1 - The team finishing first in National League Division 1 will be league champions and will be awarded the European spot. The team finishing in 8<sup>th</sup> place is automatically relegated to National 2.

National 2- The team finishing in first position will be the league champions and the 1<sup>st</sup> eligible team will be promoted to National 1 (Only 1<sup>st</sup> teams are eligible for promotion). Due to this league consisting of 7 teams, no teams will be relegated.

National 3- The team finishing in first position will be the league champions and promoted to National 2.

### **Men's**

National 1 - The team finishing first in National League Division 1 will be league champions and will be awarded the European spot. The team finishing in 8<sup>th</sup> place is automatically relegated to National 2.

National 2 - The team finishing in first position will be the league champions and the 1<sup>st</sup> eligible team will be promoted to National 1 (Only 1<sup>st</sup> teams are eligible for promotion). Due to this league consisting of 7 teams, no teams will be relegated

National 3 - The team finishing in first position will be the league champions and promoted to National 2. No relegation

Regional League- The team finishing in first position will be the league champions and promoted to National 3. No relegation

### **Please note all promotions and relegations must adhere to the following.**

- Men's and Women's National Indoor League Division 1 are open to the 1<sup>st</sup> teams of clubs only
- All other National Indoor League divisions are open to a) 1<sup>st</sup> teams of all clubs not in Division 1, and b) other teams of a club that has a team in any other Division of the League.
- A Club shall have no more than one team in the same Division of the National Indoor League, except the lowest.
- Should a promotion/relegation situation arise involving two teams from the same club, the higher placed team will remain in the higher Division.