

Rachel Brewer - Clydesdale (Coach and Committee Member)

Rachel is a coach, fundraiser, organiser and leader in trying to help the club to progress. Rachel is the officer for women's hockey in Dale and player/coach for L6 and coach for L7.

Rachel is the first coach girls meet when joining the senior ladies, and she makes everyone feel welcome, included, and part of the club from day one. She is dedicated, funny, and endlessly supportive, always going above and beyond by coaching, umpiring, travelling to matches, filling in when needed not scared to put a goalie kit on, and encouraging every player's confidence.

She is at the heart of Clydesdale, supporting not only the girls she coaches but also families and the wider club community. From organising fundraising events for younger members to always being there to answer questions and help however she can, Rachel gives her time and energy to everything. When people think of Clydesdale, they think of Rachel — she truly is “Mrs Hockey” and is incredibly deserving of this award.

Rachel consistently embodies the values of integrity, community, sustainability, and inclusion, setting a standard that elevates everyone around her. Her leadership is grounded in honesty and fairness; every decision is made transparently and with the best interests of the team and club at heart. Players trust Rachel because she leads with unwavering integrity and a clear moral compass.

Her commitment to building a strong community is evident in everything she does. Rachel fosters a culture where players support one another, celebrate each other's successes, and feel genuinely connected to the club. She encourages involvement in local events and club-wide initiatives, such as helping the younger players to organise Easter egg hunts for the club members and wider community or helping at the euros hosted by the club.

Rachel also champions sustainability, promoting responsible use of equipment and facilities, encouraging shared travel, and modelling environmentally conscious habits. Her forward-thinking approach ensures that the team contributes positively to the long-term health of both the club and the wider environment. It makes it so much fun travelling with different team mates too and getting to know everyone better.

Above all, Rachel is a powerful advocate for inclusion. Every player—regardless of age, background, ability, or experience—is welcomed, valued, and given the opportunity to grow. She creates a safe, supportive environment where differences are respected and celebrated, and where every individual feels they belong.

What truly sets Rachel apart is her indomitable spirit. She brings energy, resilience, and positivity to every session, inspiring players to push through challenges and believe in themselves. Her determination lifts the team, especially in difficult moments, and reminds everyone what is possible with heart and perseverance.

Through her actions, Rachel not only develops skilled athletes but also shapes responsible, compassionate members of the community. Her commitment to these core values strengthens our team and inspires us all.

Rachel has inspired players to realise that hockey is about far more than performance on the pitch. Through her example, she's shown everyone that the real heart of the sport lies in the connections we build, the support we offer one another, and the sense of belonging that grows every time we step onto the pitch as a team. Her leadership has helped players understand that hockey has the power to bring communities together, creating friendships, confidence, and shared purpose that reach far beyond match day. Because of Rachel, we now see the sport not just as a game, but as a community that lifts people up and brings out the best in all of us.