

Virtual Sleepover Kit List

We hope this helps everyone to get ready for our exciting weekend. We think you might already have many of these things in your home and if not please don't feel you have to buy anything specially for this. Feel free to be creative and use alternatives you have. There will be a range of activities and lots of options throughout the event.

You will, in general, want access to a computer or tablet with an internet connection, of course, for a virtual sleepover. A printer may be handy, but you should also be able to do hand-drawn versions of things.

Camp foods

S'mores

Chocolate digestives

Marshmallows

Skewers and/or tin foil

Eggy bread/camp doughnuts

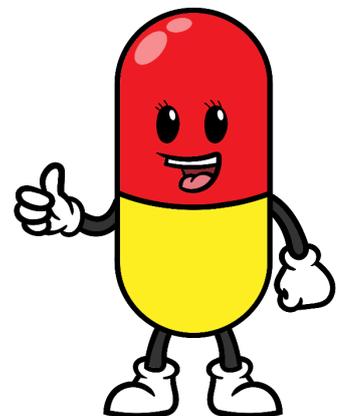
Bread

Eggs

Oil

Sugar

Jam/other toppings/fillings of your choice



Suggested Craft Supplies

Paper / Card

Coloured pencils / pens

Glue

Paper clips

Scissors

Tape

Beads (4 colours)

Thread / wool / string / elastic

Felt

Googly eyes / sequins / pipe cleaners / feathers

Stuffing

Needles

Play-Doh / Plasticine / Clay

Straws

Balloons

Dice

Suggested Recycling

Empty plastic bottles with caps (range of sizes)

Cardboard

Glass Jars

Suggested Kitchen Supplies

Food colouring (red, yellow and any other colours you have)

Salt

Vinegar

Flour

Eggs

Baking powder or bicarbonate of soda

Sandwich / Freezer Bags (with a good seal)

Coffee Filters (but kitchen roll might work)

Washing up liquid

Cocktail Sticks

Cheerios

Mini marshmallows

Skittles

Red cabbage

Cooking Oil

4 different sweets (marshmallows, liquorice, gummy bears) or 4 different small fruits (grapes, blueberries, strawberries etc)

Specialist Equipment

Optional and any alternatives you have already are quite acceptable:

Test tubes – you may find that sample tubes work well. You can find them online, for instance on Amazon, for around £3 for 10. Anyone else who works in healthcare might be able to give you some.

pH Paper

Potting Soil

Seeds (mint and basil work well)

If you want to do the DNA extraction you'll also need:

Rubbing alcohol, also known as isopropanol, kept nice and cold in the freezer. You should be able to get this from pharmacists – Boots calls it 'surgical spirit', and it's around £5 for a 500ml bottle. You need very little!

Strawberries - freeze them in advance, then get them out to defrost a few hours before